



November 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
* Reminder that drink and snack are available each day at 2:30 in the living room *						
Daylight Savings Day 4 9:00 Daily Chronicle 9:30 Exercise 10:30 Bingo 11:30 Jeopardy 1:30 Book Club 3:00 Movie: Moonstruck	9:00 Newspaper 5 9:30 Exercise 10:00 Old Time Radio Show 10:30 Trivia 2:00 Bingo 3:30 Piano by Keyvan	9:00 Newspaper 6 9:30 Exercise 10:00 Bingo 11:00 Blackjack w/ Bruce 1:00 Movie Matinee 1:30 Road Trip: Goleta Cruise & Churros	9:00 Newspaper 7 9:30 Self Defense w/Teri 10:00 Trivia 10:30 Piano w/ Al 2:00 Bingo 3:30 Group Discussion	9:30 Exercise 1 10:00 Bingo 11:00 Blackjack w/ Bruce 1:00 Radio Show Fun 1:30 Book Club 3:30 Music w/Rod	9:30 Exercise 2 10:30 Coffee & Conversation 11:30 Music of the Day 1:30 Show & Tell 3:00 Movie: The Good, The Bad & The Ugly	9:00 Morning Check In 3 9:30 Exercise 10:30 Flower Arranging 11:00 Arts & Crafts 1:30 Book Lovers Day 2:15 Chair Yoga 3:00 Movie of the Day
Caregiver Appreciation Day 11 9:00 Daily Chronicle 9:30 Exercise 10:30 Bingo 11:30 Music of the Day 1:30 Book Club 2:00 Donuts & Coffee	9:00 Newspaper 12 9:30 Exercise 10:00 Group Discussion 11:00 Gary & World Events 2:00 Bingo 3:30 Mind Games	9:00 Newspaper 13 9:30 Exercise 10:00 Bingo 11:00 Blackjack w/ Bruce 1:00 Movie Matinee 1:30 Road Trip: Stearns Wharf Cruise	9:00 Newspaper 14 9:30 Exercise 10:00 Trivia 10:30 Piano w/ Al 2:00 Bingo 3:30 Group Discussion 6:30 Movie night!	9:00 AM Check In 15 9:30 Exercise 10:00 Word Scramble 11:00 SBAM Presentation: 1:30 Jewelry Making Fun w/ Lala 3:30 Music w/Rod	Caregiver Appreciation Day Party 9 9:00 AM Check In 9:30 Exercise 10:30 Thank You Cards 12:00 Pizza Party 1:00 AG Store	9:00 Daily Chronicle 10 9:30 Stretching 10:30 Flower Arranging 11:30 Music of the Day 1:30 Bingo 2:30 Book Club 3:00 Movie: Yentl
9:00 Daily Chronicle 18 9:30 Exercise 10:30 Coffee & Conversation 11:30 Music of the Day 1:30 Book Club 3:00 Movie: Jersey Girl	9:00 Newspaper 19 9:30 Exercise 10:00 Old Time Radio Show 10:30 Piano by Keyvan 2:00 Bingo 3:30 Trivia	9:00 Newspaper 20 9:30 Exercise 10:00 Bingo 11:00 Blackjack w/ Bruce 1:00 Movie Matinee 1:30 Road Trip: Movie at the Riviera Theatre	9:00 Newspaper 21 9:30 Self-Defense w/ Terri 10:00 Trivia 10:30 Piano w/ Al 2:00 Bingo 3:00 Group Discussion 3:30 Movie Matinee	Thanksgiving Day 22 9:00 AM Check In 9:30 Exercise 10:00 Bingo 11:00 Arts & Crafts 1:30 Thanksgiving Cards 3:30 Music w/Rod	9:00 AM check in 23 9:30 Exercise 10:30 Coffee & Conversation 1:00 AG Store 2:00 Music w/ Carol 3:10 Movie Matinee	9:00 Daily Chronicle 24 9:30 Stretching 10:30 Flower Arranging 1:30 Book Club 2:30 Afternoon Stretch 3:00 Movie Matinee
9:00 Daily Chronicle 25 9:30 Exercise 10:30 Bingo 11:30 Checkers Game 1:30 Music of the Day 2:30 Book Club 3:00 Movie Matinee	9:00 Newspaper 26 9:30 Exercise 10:00 Old Time Radio Show 10:30 Group Discussion 2:00 Music by Kevin Fox 3:30 Mind Games	9:00 Newspaper 27 9:30 Exercise 10:00 Fall Painting w/ Lala & Dalia 1:45 Road Trip: Santa Barbara Carriage Museum 3:00 Trivia Fun	National French Toast Day! 28 8:00 French Toast Breakfast 9:30 Exercise 10:00 Trivia 10:30 Piano w/ Al 2:00 Bingo	9:00 AM Check In 29 9:30 Exercise 10:00 Bingo 11:00 BlackJack w/ Bruce 1:30 Book Club 3:30 Music w/Rod	9:00 Morning Check In 30 9:30 Exercise 10:00 Comedy Radio Show 11:00 Jokes of the Day 1:30 Ice Cream Sundaes 3:00 Movie Matinee	