

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2019



**\* Reminder that drink and snack are available each day at 2:30 in the living room \***

				9:00 Today in History 1 9:30 Exercise 10:00 Arts & Crafts <b>11:30 Music of the Day</b> 1:30 Quick, Draw! Game 2:30 Afternoon Stretch 3:00 Movie: Becoming Jane		9:00 Daily Chronicle 2 9:30 Stretching 10:30 Flower Arranging 11:30 UNO Card Game 1:00 Jeopardy Fun <b>2:00 Westmont College Music Performance</b>	
9:30 Exercise 3 10:30 Bingo 11:30 Checkers Game 1:00 News of the Day 2:00 Movie Matinee 3:30 Afternoon Stretch	9:00 Newspaper 4 9:30 Exercise 10:00 Group Discussion <b>11:00 Gary &amp; World Events</b> 1:30 Name 3 Things Game 2:00 Bingo	9:00 Newspaper 5 9:30 Exercise 10:00 Bingo 11:00 Blackjack w/ Bruce <b>1:30 Quick, Draw! Game</b> 2:30 Trivia 3:30 Group Discussion	9:00 Newspaper 6 9:30 Exercise 10:00 Trivia <b>10:30 Piano w/ Al</b> 1:30 Checkers Game 2:00 Bingo 3:30 Group Discussion	<b>9:00 Today in History 7</b> <b>9:30 Exercise</b> <b>10:00 Bingo</b> <b>11:00 Blackjack w/ Bruce</b> <b>1:30 Road Trip: Stearns Wharf Cruise</b> <b>2:30 Checkers Game</b> <b>3:30 Music w/Rod</b>	9:00 AM Check In 8 9:30 Exercise 10:00 Name 3 Things <b>11:00 Karaoke Fun</b> 1:30 AG Store <b>2:30 Share A Photo Day</b> 3:00 Movie Matinee	<b>National Pizza Day 9</b> 9:00 Newspaper 9:30 Exercise <b>10:30 Flower Arranging</b> <b>11:30 Quick, Draw! Game</b> 1:30 Movie Matinee 2:30 Afternoon Stretch	
9:30 Exercise 10 <b>10:30 Trivia</b> 11:30 Checkers Game 1:30 News of the Day <b>2:00 Music by Joey</b> 3:00 Movie Matinee 3:30 Afternoon Stretch	9:00 Newspaper 11 9:30 Exercise 10:00 Old Time Radio Show 11:00 Bingo 1:00 Trivia <b>3:30 Piano by Keyvan</b>	9:00 Newspaper 12 9:30 Exercise 10:00 Bingo 11:00 Blackjack w/ Bruce <b>1:00 Movie Matinee</b> 2:30 Trivia 3:30 Group Discussion	9:00 Newspaper 13 <b>9:30 Self-Defense w/ Terry</b> 10:00 Trivia <b>10:30 Piano w/ Al</b> 1:00 Bingo 2:30 Word Scramble Fun <b>3:00 Western Film</b>	<b>Valentine's Day 14</b> 9:00 Today in History 9:30 Exercise 10:00 Valentine's History <b>11:00 SBAM Presentation</b> 1:30 V-Day Cards w/ Lumi <b>3:30 Music w/Rod</b>	9:00 AM Check In 15 9:30 Exercise 10:00 Name 3 Things <b>11:00 Resident Council Meeting</b> <b>1:30 Show &amp; Tell</b> 3:00 Movie Matinee	9:00 Daily Chronicle 16 9:30 Stretching <b>10:30 Flower Arranging</b> 11:30 Name 3 Things 1:30 Movie Matinee 2:30 Afternoon Snack	
9:30 Exercise 17 10:30 Bingo 11:30 Checkers Game 1:00 News of the Day <b>2:00 Movie Matinee</b> 3:30 Afternoon Stretch	9:00 Newspaper 18 9:30 Exercise 10:00 Group Discussion <b>11:00 Gary &amp; World Events</b> 1:30 Bingo 2:00 Trivia <b>3:00 Movie Matinee</b>	9:00 Newspaper 19 9:30 Exercise 10:00 Bingo 11:00 Blackjack w/ Bruce <b>1:30 Quick, Draw! Game</b> 2:30 Live Screening of Monterey Aquarium	9:00 Newspaper 20 9:30 Exercise 10:00 Trivia <b>10:30 Piano w/ Al</b> 1:30 Coloring Book Fun 2:00 Bingo 3:00 Group Discussion	9:00 Today in History 21 9:30 Exercise 10:00 Bingo <b>11:00 Blackjack w/ Bruce</b> <b>1:30 Road Trip: Goleta Beach</b> <b>3:30 Music w/Rod</b>	9:00 Newspaper 22 9:30 Exercise 10:30 Card Games 11:30 Music of the Day 1:00 AG Store <b>2:00 Music by Carole</b> <b>2:30 National Margarita Happy Hour</b>	9:00 Daily Chronicle 23 9:30 Stretching <b>10:30 Flower Arranging</b> 11:15 Bingo 1:30 Movie Matinee 2:30 Afternoon Stretch	
9:30 Exercise 24 10:30 Bingo 11:30 Checkers Game 1:00 News of the Day <b>2:00 Movie Matinee</b> 3:30 Afternoon Stretch	9:00 Newspaper 25 9:30 Exercise 10:00 Group Discussion 11:00 Old Time Radio Shows 1:30 Trivia 2:00 Bingo <b>3:30 Piano by Keyvan</b>	9:00 Newspaper 26 9:30 Exercise 10:00 Bingo 11:00 Blackjack w/ Bruce 1:00 Movie Matinee <b>2:30 Show &amp; Tell</b> 3:30 Live Screening of Monterey Aquarium	9:00 Newspaper 27 <b>9:30 Self-Defense w/ Terry</b> 10:00 Trivia <b>10:30 Piano w/ Al</b> 1:00 Bingo 2:30 Word Scramble Fun 3:00 Movie Matinee	9:00 Today in History 28 9:30 Exercise 10:00 Bingo <b>11:00 Blackjack w/ Bruce</b> 1:00 Magazine Collage 2:00 Afternoon Stretch 3:30 Music w/Rod	<p><b>Alexander Gardens</b> ASSISTED LIVING</p>		