



# May 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 Exercise 1 10:00 Tell A Story 11:00 Music Relaxation 1:00 King in the Corner 2:00 Movie Matinee 3:30 UNO Game	9:30 Exercise 2 10:10 ASL Learning 11:00 Our Planet: Film 1:30 King in the Corner 2:30 Jenga Game 3:30 Stretch & Be Fit 4:10 Connect Four	9:30 Exercise 3 10:10 Bingo 11:10 Card Bingo 1:30 Coloring Relaxation 2:00 UNO Game 3:30 Stretch & Be Fit 4:10 King in the Corner	9:30 Exercise 4 10:00 Beachball Trivia 11:00 Music w/ Rod 1:30 Nature Sketching 2:30 Happy Hour Fun 3:30 Stretch & Be Fit 4:10 Show & Tell	9:30 Exercise 5 10:10 Mexican Bingo 11:10 Blackjack Time 1:30 Cinco De Mayo History 2:00 Cinco De Mayo Party 3:30 Stretch & Be Fit	9:30 Exercise 6 10:10 Spanish Lesson 11:10 Connect Four Game 1:30 AG Store 2:00 Cycling w/ Dan 3:00 Mother's Day Tea Party	9:30 Exercise 7 10:10 Music Relaxation 11:00 Flower Arranging 1:00 Chess Game 2:00 Scrabble Fun 3:00 King in the Corner 4:15 Go Fish! Game
<b>Mother's Day</b> 8 9:30 Exercise 10:00 Word Search Fun 11:00 Music Relaxation 1:00 Happy Hour Fun 1:30 King in the Corner 3:00 Movie Matinee	9:30 Exercise 9 10:00 Word Scramble 11:00 Natalie Wood: Documentary 1:30 Name Banner Craft 2:15 Happy Hour Fun 3:30 Stretch & Be Fit	9:30 Exercise 10 10:10 Bingo 11:10 Blackjack w/Lala 1:30 Mosaic Tissue Paper Craft 2:30 Charade Game Fun 3:30 Stretch & Be Fit	9:30 Exercise 11 10:00 Poetry & Art 1:30 Nail Art Fun 2:00 Cooking Club: Oatmeal Chocolate Bites 3:30 Stretch & Be Fit 4:10 Sing A Long Fun	9:30 Exercise 12 10:10 Bingo 11:10 Blackjack Time 1:30 Word Scramble 2:00 Card Bingo 3:30 Stretch & Be Fit 4:10 Sketch Class Fun	9:30 Exercise 13 10:00 UNO Game 11:00 Karaoke Time 1:00 Word Search Fun 2:00 Cycling w/ Dan 2:30 King in the Corner 3:30 Stretch & Be Fit	9:30 Exercise 14 10:00 SB History Talk 11:00 Flower Arranging 1:30 Guess the Song 2:30 Guess the Painter 3:30 Stretch & Be Fit 4:10 Group Puzzle Fun
9:30 Virtual Exercise 15 10:00 Music Relaxation 11:00 Memory Tile Game 1:30 Connect Four 2:30 King in the Corner 3:00 Movie Matinee	9:30 Exercise 16 10:00 Today in History 11:00 Andrew Sisters: Documentary 1:30 Tree Painting 2:30 Walking Club 3:30 Stretch & Be Fit	9:30 Exercise 17 10:10 Bingo 11:00 Blackjack w/ Lala 1:30 Movie Trivia 2:30 Garden Meditation Fun 3:30 Stretch & Be Fit	9:30 Exercise 18 10:00 Watercolor Fun 11:00 Scrabble Game 1:30 Walking Club 2:00 Tie Dye Craft 3:30 Stretch & Be Fit 4:10 Bookmark Craft	9:30 Exercise 19 10:10 Bingo 11:10 Blackjack w/ Lala 1:00 Go Fish! Game 2:00 Beachball Trivia 3:30 Stretch & Be Fit 4:10 Staff Interview	9:30 Exercise 20 10:10 ASL Learning 11:00 Resident Council 12:00 Pizza Party Day Lunch 1:30 AG Store 2:00 Cycling w/ Dan 3:30 Stretch & Be Fit	9:30 Exercise 21 10:10 Flower Arranging 11:00 Bingo Fun 1:30 Cooking Club: Strawberries & Cream 2:30 Read & Relax 3:30 Stretch & Be Fit
9:30 Virtual Exercise 22 10:00 Word Search Fun 11:00 Rick Steves 1:00 Group Puzzle Fun 2:00 UNO Game 3:00 Movie Matinee	9:30 Exercise 23 10:00 Guess the Song 11:00 Ella Fitzgerald: Documentary 1:30 AG History 2:30 Nail Art Fun 3:30 Stretch N' Be Fit	9:30 Exercise 24 10:10 Bingo 11:00 Blackjack w/ Lala 1:30 Queen Victoria Talk 2:30 Tea Party Fun 3:30 Stretch & Be Fit 4:10 Campfire Sing A Long	9:30 Exercise 25 10:00 Memory Tile Game 11:00 Word Scramble 1:30 Wine & Paint Class 3:30 Stretch & Be Fit 4:10 Guess the Song	9:30 Exercise 26 10:10 Bingo 11:10 Blackjack Time 1:30 Paper Airplane Craft 2:30 Art w/ Tonya 3:30 Stretch & Be Fit 4:10 Checkers Game	9:30 Exercise 27 10:10 ASL Learning 11:00 SB History Talk 1:00 Scrapbook Fun 2:00 Cycling w/ Dan 2:30 Italian Learning 3:30 Stretch & Be Fit 4:10 Walking Club	9:30 Exercise 28 10:00 Flower Arranging 11:00 Flower Watercolor 1:30 Scrapbook Fun 2:30 Share A Photo 3:30 Stretch & Be Fit 4:10 Jenga Game
9:30 Exercise 29 10:00 Chess & Checkers 11:00 Color Relaxation 1:00 Rick Steves 2:00 Music Relaxation 3:00 Movie Matinee	9:30 Exercise 30 11:00 Memorial Day Video 12:00 Memorial Day BBQ Lunch 1:30 Show & Tell 3:30 Stretch & Be Fit	9:30 Exercise 31 10:10 Bingo 11:00 Blackjack w/ Lala 1:30 ASL Learning 2:30 Math Worksheet Fun 3:30 Disco Chair Exercise	Alexander Gardens Assisted Living, 2120 Santa Barbara St. Santa Barbara CA 93105  *Activities are subject to change*  *Reminder: Snack & Drink are available each day in living room*			

