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| **Sunday** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| 1,435 4th Of July Beach Stock Photos, Pictures & Royalty-Free Images -  iStock   | 1,435 4th Of July Beach Stock Photos, Pictures & Royalty-Free Images -  iStock     | 1 9:30 Exercise 10:10 Butterfly Watercolor 11:00 Guess the Song 1:30 SB Zoo Talk 2:00 Cycling w/ Dan3:30 Stretch & Be Fit4:15  |  2 9:30 Exercise 10:10 Flower Arranging11:00 Word Search 1:30 Reading Relaxation2:30 King in the Corner3:30 Disco Exercise 4:15 Coloring Relaxation  |
| 39:30 Virtual Exercise10:30 Coloring Relaxation11:00 UNO Game1:30 Group Puzzle2:00 Titanic Movie  | 4 4th of July9:30 Exercise 10:00 Today in History11:00 Word Search Fun 1:30 Flag Painting2:30 Fourth of July Parade Show4:10 Popcorn Reading  | 5 |  6 | 79:30 Exercise 10:10 Bingo 11:10 Blackjack w/ Lala1:30 Trouble Game2:30 Cooking Club 3:30 Stretch & Be Fit 4:10 History Trivia  | 8July 20229:30 Exercise 10:00 Math Warm-Ups 11:00 Resident Interview2:00 Cycling w/ Dan2:30 Garden Club 3:30 Stretch & Be Fit 4:00 Singing Club  | 99:30 Exercise 10:00 Flower Arranging 11:00 Western Bingo 1:30 Cooking Club2:30 Teatime 3:30 Stretch & Be Fit 4:10 Book Club |
|  10 | 119:30 Exercise 10:00 Today in History11:00 Elvis Documentary1:30 Math Games2:30 Happy Hour 3:30 Stretch & Be Fit 4:10 Popcorn Reading  | 129:30 Exercise 10:10 Bingo11:10 Blackjack w/Lala 1:30 Share A Pet Photo 2:30 Bill’s Art Show3:30 Stretch & Be Fit 4:10 Nail Art Fun9:30 Exercise 10:10 Bingo11:10 Blackjack w/ Lala1:30 Patio: Cow Painting2:30 UNO Game3:30 Stretch & Be Fit4:10 King in the Corner  | 13 | 14 | 15 | 169:30 Exercise 10:10 Flower Arranging11:00 Group Puzzle1:30 Animal Talk: Snake2:30 Letter Making3:30 Stretch & Be Fit 4:10 Math Games |
| 179:30 Exercise10:00 Lake Superior Talk11:00 Beachball Trivia1:30 Art Time w/ Melody2:30 Cooking Club: Ice Cream Sundae3:30 Stretch & Be Fit 9:30 Exercise 10:00 Bracelet Making 11:00 Kitten Painting 1:30 Crossword Puzzle2:30 Coffee & Convo3:30 Stretch & Be Fit4:10 Scrabble Game  | 18 | 199:30 Exercise 10:10 Bingo 11:00 Blackjack w/ Lala 1:30 Coffee & Conversation2:30 Earring Making Fun3:30 Stretch & Be Fit | 209:30 Exercise 10:00 Share A Photo11:00 Word Scramble1:30 Barbershop Quartet Day: Music 2:00 Paint a Flower3:30 Stretch & Be Fit 4:10 Charade Game 9:30 Exercise 10:00 Math Games11:00 Chess Game1:30 Planet Trivia2:00 Moon Discussion3:30 Stretch & Be Fit 4:10 Sandcastle Fun  | 219:30 Exercise 10:10 Bingo 11:10 Blackjack w/ Lala1:00 UNO Game2:00 Stretch & Be Fit3:00 Movie Matinee9:30 Exercise 10:10 Bingo 11:10 Blackjack w/ Lala1:30 Patio: Music Time 2:30 Felix the Cat Drawing3:30 Exercise & Stretch 4:10 Book Club  | 229:30 Exercise 10:10 Horse Painting**11:00 Resident Council**1:30 AG Store 2:00 Cycling w/ Dan 3:30 Stretch & Be Fit4:10 Charade Game 3:30 Stretch & Be Fit 4:10 Nail Art Fun 9:30 Exercise 10:10 Beachball Toss11:10 Guess the Celebrity1:30 Candyland Game2:30 Checkers Game3:30 Stretch & Be Fit4:10 Bookmark Making | 23National Cowboy Day9:30 Exercise10:10 Western Bingo11:10 UNO Game1:00 John Wayne Movie3:30 Exercise Time 4:10 Guess the Actor |
| 249:30 Exercise 10:00 Amelia Earhart Talk11:00 Plane Painting1:30 Amelia Earhart Video2:30 Coffee & Convo3:30 Exercise  | 259:30 Exercise 10:00 Movie Trivia11:00 Judy Garland Video1:30 UNO Game2:30 Wine & Paint Party4:00 Stretch & Be fit 9:30 Exercise 10:00 Name 3 Things 11:00 John Denver Video1:30 Necklace Making2:30 Coral Reef Talk3:30 Stretch N’ Be Fit 4:10 Guess the Song | 269:30 Exercise 10:10 Bingo 11:00 Blackjack w/ Lala2:30 Picnic Party3:30 Stretch & Be Fit4:10 U.S. History Trivia | 279:30 Exercise 10:00 Karaoke Fun11:00 Mexican Bingo1:30 Scrapbook Fun2:30 Teatime Chat3:30 Stretch & Be Fit 4:10 Mancala Game | 289:30 Exercise 10:10 Bingo 11:10 Blackjack w/ Lala 1:30 Beanbag Toss 2:30 Charade Game 3:30 Exercise & Stretch 4:10 Earth Discussion | 299:30 Exercise 10:10 Pi Day: Math Games 11:00 Puzzle Fun1:30 Book Club 2:00 Cycling w/ Dan 2:30 Beachball Trivia3:30 Stretch & Be Fit 4:10 Stamp Art  | 309:30 Exercise 10:10 Bingo 11:10 Polka Dot Painting 1:30 Friendship Bracelets2:30 Happy Hour3:30 Stretch & Be Fit 4:10 Guess the Song  |

Alexander Gardens Assisted Living, 2120 Santa Barbara St. Santa Barbara CA 93105

\***Activities are subject to change**\*

\*Reminder: Snack & Drink are available each day in living room\*

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9:30 Exercise

10:00 History Talk

11:00 Tree Painting

1:30 Cooking Club: Guacamole Making

3:30 Stretch & Be Fit

 National Lipstick Day

9:30 Exercise

11:00 Music w/ Rod

1:30 AG Store

2:00 Cycling w/ Dan

3:30 Dance Exercise

4:15 Watercolor Fun